What makes an expectant mother tick?

(Definitely not ticks.)

Did you know? Part of ensuring a healthy pregnancy – before, during, and after your baby’s birth – is staying active. While enjoying the great outdoors, don’t forget to protect yourself from Lyme disease and other tick-borne diseases.

Get the facts on Lyme disease prevention, symptoms, and treatment options today – and keep your pregnancy healthy.

For more information, visit pregnancyinfo.ca/lymedisease