

## What you need to know:

# Cannabis, Pregnancy and Breastfeeding



It's safest for you **not to use cannabis during pregnancy and breastfeeding.**

Cannabis may **negatively affect brain development.**



THE BRAIN DEVELOPS FROM **INFANCY TO AGE 25.**

**SMOKING CANNABIS MAY INCREASE THE AMOUNT OF CARBON MONOXIDE IN YOUR BLOOD.**

This can decrease the amount of oxygen that the developing baby receives.

Cannabis use during pregnancy **may be associated with:**

**LOW BIRTH WEIGHT**

**PRETERM LABOUR**

**STILLBIRTH**

A developing baby may be affected **by all forms of cannabis.**



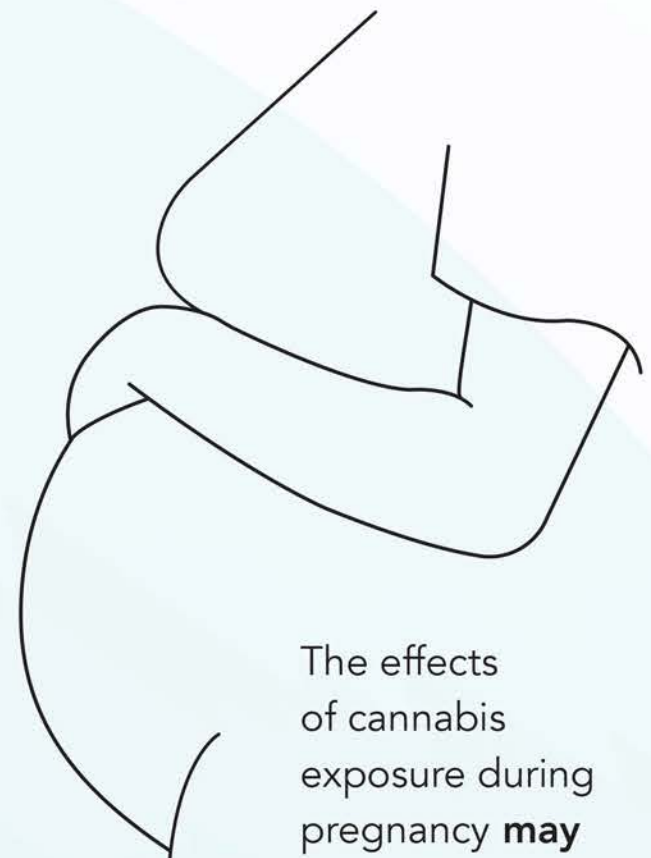
SMOKED

VAPED

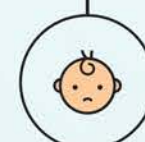
EATEN

**CANNABIS MAY ALTER YOUR DNA AND GENES.**

These alterations can be passed onto future generations, impacting their health.



The effects of cannabis exposure during pregnancy **may last a lifetime.**



**CHILDHOOD**

Poor memory function, poor problem solving skills, and an inability to pay attention



**ADOLESCENCE**

Increased risk of depression and/or anxiety



**ADULTHOOD**

Possible substance use

Cannabis compounds may be passed to your baby through breast milk.

**This may lead to:**



**SLOW MOTOR DEVELOPMENT**



**REDUCED MUSCLE TONE**



**POOR SUCKLING**