



# Do I need to get vaccinated if I'm pregnant?

## Myth vs. Science

Myth	Science
I have heard that vaccinations are not safe during pregnancy.	There are vaccines that you should receive during pregnancy in order to keep you and your newborn protected – especially Flu and Tdap (for Whooping Cough). Talk to your health care provider to learn more.
My baby can wait to get vaccinated after it's born.	Vaccines recommended for pregnant women protect you AND your baby (even up to 6 months after birth).
I rarely get sick.	Sometimes pregnant women can be at higher risk of getting sick during pregnancy, including the flu.
I have had the flu before. It isn't dangerous.	Flu symptoms can be much worse for pregnant women and newborns.

### The science is clear

Getting vaccinated during pregnancy is the most important thing you can do to protect yourself and your newborn baby. It's easy. Talk to your health care provider about the vaccines you should receive when you are pregnant.